PREMIUM LOW FAT DULCE DE LECHE (CARAMEL)
FROZEN YOGURT

Nutrition Facts

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 140	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 65mg	**3%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 0g	**0%**
Sugars 18g	
Protein 3g	

Vitamin A 4%	• Vitamin C 2%
Calcium 10%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Cream, Caramel Base (Corn Syrup, Butter (cream, salt), Water, Sugar, Sweetened Condensed Skim Milk, Natural Flavor, Caramel Color, Annatto (color), Salt), Nonfat Dry Milk, Whey, Pasteruized Egg Yolks, Mono- & Diglycerides, Cellulose Gum, Guar Gum, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: S. thermophilus, L. bulgaricus, L.lactis and L. acidophilus.

Contains Egg, Milk.

*Live & Active Cultures

*Meets National Yogurt Association Criteria for Live & Active Culture Yogurt

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